



walsallcarershub.org.uk

01922 616 798



Groups Timetable April 2024

All Carers Group	Bloxwich Library, Elmore Row, Bloxwich, WS3 2HR	Thursday 4th	10.30 am - 12.00 pm
Men's Group	Community Transport Hub, Walsall Bus Station	Tuesday 2nd Tuesday 16th	10.30 am - 12.00 pm
Women's Group	The Seedhut, Palfrey Park, Dale Street, Walsall, WS1 4AN	Thursday 18th	10.30 am - 12.00 pm
Walk and Talk	Meet at the Walsall Arboretum Visitors Centre, Arboretum Road, Walsall WS1 2QH	Tuesday 27th	10.30 am - 12.00 pm
Women's Yoga *	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Every Tuesday	11.30 am - 12.30 pm
Techy Fridays	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Friday 30th	
Drop-in	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Every Wednesday	10.00 am - 1.00 pm

Visit our website for the most up-to-date information.

*Some groups have a cost per session

Correct as of 2 April 2024



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Groups Timetable May 2024

All Carers Group	Bloxwich Library, Elmore Row, Bloxwich, WS3 2HR	Thursday 2nd	10.30 am - 12.00 pm
Men's Group	Community Transport Hub, Walsall Bus Station	Tuesday 14th Tuesday 28th	10.30 am - 12.00 pm
Women's Group	The Seedhut, Palfrey Park, Dale Street, Walsall, WS1 4AN	Thursday 16th	10.30 am - 12.00 pm
Walk and Talk	Meet at the Walsall Arboretum Visitors Centre, Arboretum Road, Walsall WS1 2QH	Tuesday 28th	10.30 am - 12.00 pm
Women's Yoga *	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Every Tuesday	11.30 am - 12.30 pm
Techy Fridays	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Friday 31st	
Drop-in	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Every Wednesday	10.00 am - 1.00 pm

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Groups Timetable June 2024

All Carers Group	Bloxwich Library, Elmore Row, Bloxwich, WS3 2HR	Thursday 6th	10.30 am - 12.00 pm
Men's Group	Community Transport Hub, Walsall Bus Station	Tuesday 11th Tuesday 25th	10.30 am - 12.00 pm
Women's Group	The Seedhut, Palfrey Park, Dale Street, Walsall, WS1 4AN	Thursday 20th	10.30 am - 12.00 pm
Walk and Talk	Meet at the Walsall Arboretum Visitors Centre, Arboretum Road, Walsall WS1 2QH	Tuesday 25th	10.30 am - 12.00 pm
Women's Yoga *	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Every Tuesday	11.30 am - 12.30 pm
Techy Fridays	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Friday 28th	
Drop-in	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Every Wednesday	10.00 am - 1.00 pm

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Groups Timetable July 2024

All Carers Group	Bloxwich Library, Elmore Row, Bloxwich, WS3 2HR	Thursday 4th	10.30 am - 12.00 pm
Men's Group	Community Transport Hub, Walsall Bus Station	Tuesday 9th Tuesday 23rd	10.30 am - 12.00 pm
Women's Group	The Seedhut, Palfrey Park, Dale Street, Walsall, WS1 4AN	Thursday 18th	10.30 am - 12.00 pm
Walk and Talk	Meet at the Walsall Arboretum Visitors Centre, Arboretum Road, Walsall WS1 2QH	Tuesday 30th	10.30 am - 12.00 pm
Women's Yoga *	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Every Tuesday	11.30 am - 12.30 pm
Techy Fridays	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Friday 26th	
Drop-in	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Every Wednesday	10.00 am - 1.00 pm

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Groups Timetable August 2024

All Carers Group	Bloxwich Library, Elmore Row, Bloxwich, WS3 2HR	Thursday 1st	10.30 am - 12.00 pm
Men's Group	Community Transport Hub, Walsall Bus Station	Tuesday 6th Tuesday 20th	10.30 am - 12.00 pm
Women's Group	The Seedhut, Palfrey Park, Dale Street, Walsall, WS1 4AN	Thursday 15th	10.30 am - 12.00 pm
Walk and Talk	Meet at the Walsall Arboretum Visitors Centre, Arboretum Road, Walsall WS1 2QH	Tuesday 27th	10.30 am - 12.00 pm
Women's Yoga *	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Every Tuesday	11.30 am - 12.30 pm
Techy Fridays	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Friday 30th	
Drop-in	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Every Wednesday	10.00 am - 1.00 pm

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