



Groups timetable 2024

January			
All Carers Group	Bloxwich Library, Elmore Row, Bloxwich, WS3 2HR	Thursday 11th	10.30 am - 12.00 pm
Men's Group	Community Transport Hub, Walsall Bus Station	Tuesday 9th Tuesday 23rd	10.30 am - 12.00 pm
Women's Group	The Seedhut, Palfrey Park, Dale Street, Walsall, WS1 4AN	Thursday 18th	10.30 am - 12.00 pm
Walk and Talk	Meet at the Walsall Arboretum Visitors Centre, Arboretum Road, Walsall WS1 2QH	Tuesday 30th	10.30 am - 12.00 pm
Women's Yoga *	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Tuesday 9th Tuesday 16th Tuesday 23rd Tuesday 30th	11.30 am - 12.30 pm
Techy Fridays	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Friday 26th	
Drop-in	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Wednesday 3rd Wednesday 10th Wednesday 17th Wednesday 24th Wednesday 31st	10.00 am - 1.00 pm

Visit our website for the most up-to-date information.

*Some groups have a cost per session

Correct as of December 20th 2023.



Groups timetable 2024

February			
All Carers Group	Bloxwich Library, Elmore Row, Bloxwich, WS3 2HR	Thursday 1st	10.30 am - 12.00 pm
Men's Group	Community Transport Hub, Walsall Bus Station	Tuesday 6th Tuesday 20th	10.30 am - 12.00 pm
Women's Group	The Seedhut, Palfrey Park, Dale Street, Walsall, WS1 4AN	Thursday 15th	10.30 am - 12.00 pm
Walk and Talk	Meet at the Walsall Arboretum Visitors Centre, Arboretum Road, Walsall WS1 2QH	Tuesday 27th	10.30 am - 12.00 pm
Women's Yoga *	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Tuesday 6th Tuesday 13th Tuesday 20th Tuesday 27th	11.30 am - 12.30 pm
Techy Fridays	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Friday 23rd	
Drop-in	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Wednesday 7th Wednesday 14th Wednesday 21st Wednesday 28th	10.00 am - 1.00 pm

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Groups timetable 2024

March			
All Carers Group	Bloxwich Library, Elmore Row, Bloxwich, WS3 2HR	Thursday 7th	10.30 am - 12.00 pm
Men's Group	Community Transport Hub, Walsall Bus Station	Tuesday 5th Tuesday 19th	10.30 am - 12.00 pm
Women's Group	The Seedhut, Palfrey Park, Dale Street, Walsall, WS1 4AN	Thursday 21 st	10.30 am - 12.00 pm
Walk and Talk	Meet at the Walsall Arboretum Visitors Centre, Arboretum Road, Walsall WS1 2QH	Tuesday 26th	10.30 am - 12.00 pm
Women's Yoga *	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Tuesday 5th Tuesday 12th Tuesday 19th Tuesday 26th	11.30 am – 12.30 pm
Techy Fridays	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Friday 29th	
Drop-in	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Wednesday 6th Wednesday 13th Wednesday 20th Wednesday 27th	10.00 am – 1.00 pm

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Groups timetable 2024 Mar/Apr

April			
All Carers Group	Bloxwich Library, Elmore Row, Bloxwich, WS3 2HR	Thursday 4th	10.30 am - 12.00 pm
Men's Group	Community Transport Hub, Walsall Bus Station	Tuesday 2nd Tuesday 16th	10.30 am - 12.00 pm
Women's Group	The Seedhut, Palfrey Park, Dale Street, Walsall, WS1 4AN	Thursday 18th	10.30 am - 12.00 pm
Walk and Talk	Meet at the Walsall Arboretum Visitors Centre, Arboretum Road, Walsall WS1 2QH	Tuesday 27th	10.30 am - 12.00 pm
Women's Yoga *	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Tuesday 2nd Tuesday 9th Tuesday 16th Tuesday 23rd Tuesday 30th	11.30 am – 12.30 pm
Techy Fridays	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Friday 30th	
Drop-in	Walsall Carers Hub, 17 Lichfield Street, WS1 1TU	Wednesday 7th Wednesday 14th Wednesday 21st Wednesday 28th	10.00 am – 1.00 pm

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